## What Is Claim Is:

1. A method of controlling a generator system connected to an electric power system, comprising:

measuring an output frequency characteristic of the generator system; estimating a first phase angle of the measured frequency characteristic using a first phase locked loop having a first bandwidth;

estimating a second phase angle of the measured frequency characteristic using a second phase locked loop having a second bandwidth greater than the first bandwidth;

calculating a phase shift between the estimated first and second phase angles; and

determining whether or not the generator system is within a generation island based on the calculated phase shift.

2. The method according to claim 1, further comprising:

stopping the generator system from delivering electric power to the electric power system if the determining step determines the generator system is within a generation island.

- 3. The method according to claim 1, wherein the determining step determines the generator system is within a generation island if an absolute value of calculated phase shift is greater than a predetermined threshold.
- 4. The method according to claim 3, wherein the predetermined threshold is  $\pi/2$ .
- 5. The method according to claim 1, wherein the first and second bandwidths are approximately 1 Hz and 10 Hz, respectively.
- 6. The method according to claim 1, wherein the determining step determines whether or not the generator system is within a generation island in less than 1 second.

7. A system for controlling a generator system connected to an electric power system, comprising:

means for measuring an output frequency characteristic of the generator system;

means for estimating a first phase angle of the measured frequency characteristic using a first phase locked loop having a first bandwidth;

means for estimating a second phase angle of the measured frequency characteristic using a second phase locked loop having a second bandwidth greater than the first bandwidth;

means for calculating a phase shift between the estimated first and second phase angles; and

means for determining whether or not the generator system is within a generation island based on the calculated phase shift.

8. The system according to claim 7, further comprising:

means for stopping the generator system from delivering electric power to the electric power system if the determining means determines the generator system is within a generation island.

- 9. The system according to claim 7, wherein the determining means determines the generator system is within a generation island if an absolute value of calculated phase shift is greater than a predetermined threshold.
- 10. The system according to claim 9, wherein the predetermined threshold is  $\pi/2$ .
- 11. The system according to claim 7, wherein the first and second bandwidths are approximately 1 Hz and 10 Hz, respectively.
- 12. The system according to claim 7, wherein the determining means determines whether or not the generator system is within a generation island in less than 1 second.

- 13. In a generator system connected to an electric power system, the improvement comprising:
- a measuring circuit configured to measure an output frequency characteristic of the generator system;
- a first phase locked loop having a first bandwidth and configured to estimate a first phase angle of the measured frequency characteristic;
- a second phase locked loop having a second bandwidth greater than the first bandwidth and configured to estimate a second phase angle of the measured frequency characteristic;
- a calculating circuit configured to calculate a phase shift between the estimated first and second phase angles; and
- a determining circuit configured to determine whether or not the generator system is within a generation island based on the calculated phase shift.
- 14. The system according to claim 13, further comprising:
- a disconnecting circuit configure to stop the generator system from delivering electric power to the electric power system if the determining circuit determines the generator system is within a generation island.
- 15. The system according to claim 13, wherein the determining circuit determines the generator system is within a generation island if an absolute value of calculated phase shift is greater than a predetermined threshold.
- 16. The system according to claim 15, wherein the predetermined threshold is  $\pi/2$ .
- 17. The system according to claim 13, wherein the first and second bandwidths are approximately 1 Hz and 10 Hz, respectively.
- 18. The system according to claim 13, wherein the determining circuit determines whether or not the generator system is within a generation island in less than 1 second.